

# Sunday Lunch in Moment Form

## Instrumentation (optional):

Table and chairs  
Cutlery  
Glasses  
Paper  
Phones (not on silent)  
Tuning fork  
Metronome  
Musical instruments

## Instructions:

A principal player must be chosen in advance; he or she will decide when the movements end, as per the rules below. The 'moments' in each movement can be performed in any order and you can play and repeat as many or as few as you like. The  $\times$  sign in the first movement means that the action must be performed a certain number of times before moving on to another moment. No talking or laughing is allowed during the performance. Please also avoid burping or farting, for reasons both musical and decorous.

*Steven Watson*

**Prelude**  
*Doorbell/knock on door*



**I. Lunch**

Cutlery noise ×1	Tap glass ×2	Tap plate ×3
Hit surface ×4	Mouth noises ×5	Scrape plate
Ring the phone of somebody in the room	Adjust your chair	Sniff and/or blow nose
Walk around the room	Open/close any door	Yawn



*The first movement ends when the principal player coughs. This is then a signal for other players to finish their part and cough in turn. Once all players have coughed at least once, move onto the second movement.*



**II. Entertainment**

Rustle paper	Tap rhythmically on a surface	Hum any melody
Use a tuning fork or hum a single sustained note	Play a metronome or tap a pulse	Applaud
Practise a scale on any instrument or voice	Perform either a C major, Ab major or E major chord/arpeggio on any instrument or voice	Ring the phone of somebody in the room
Adjust your chair	Walk around the room	Yawn



*The work ends when the principal player makes a snoring noise. All other players must stop immediately. Once the principal player has stopped snoring, everyone must remain silent for several seconds.*